



## Event Information

MT. BIKE ORIENTEERING / ADVENTURE RACES

A SERIES OF 2 X 3 HOUR EVENTS IN AND AROUND THE SPOKANE AREA.

### Introduction/Overview

Trailquest is a mountain bike orienteering event where the competitors have to navigate from control location to the next, punching a scorecard at each.

Competitors may ride solo or as a team. Control locations vary in the amount of points they are worth and competitors use existing trails and roads to ride to them. The competitors have a set amount of time to visit as many locations as time allows.

Trailquest is a sport for all ages and sexes; you don't have to be super fit or young to do well, as planning and navigation are critical skills needed to do well. All you need is a mountain bike and a helmet. A map will be provided to you at the start.

### Event Format/Rules/Conditions

The principal challenge of the events will be to use your map skills and initiative to complete the course within the time allowed - event strategy and routine planning will be as important as fitness.

The events will be centered around the skills of Orienteering and Mt. Biking. 24 control sites of varying values are positioned around trails and roads. Competitors are given a map and detailed description of each control site. They will have three hours in which to visit as many of the control sites as time allows. The competitors with the most points in the given time will be the winner. In the event of a tie, the winner will be determined by the following, in the order of preference:

1. The competitor who has visited the most high point sites.
2. The competitor who has visited the most checkpoints.
3. The competitor who started earliest.

## Trailquest Event Rules

1. Competitors must report to the finish even if they decide to quit. Failure to do so may render entrants liable for search and rescue charges.
2. Competitors must wear a helmet and abide by all state and park rules and regulations.
3. Competitors must use only marked trails and roads on the map. Use of private roads or disobeying "No Trespassing" signs, or out of bounds areas will result in disqualification from the event.
4. Team members must stay in contact at all times - including control sites and finish. Penalty: 25% loss of overall points.
5. Individual solo and team competitors must navigate and ride independently of other competitors. Penalty: 25% loss of overall points.
6. Competitors must offer assistance to any competitors who are injured or in danger. Compensation for loss of time will be awarded at the discretion of the event organizer.
7. The use of GPS or Walkie-Talkie devices is prohibited.
8. Competitors must be aware of other non-competitors, i.e. walkers, joggers, horseback riders, sharing the trails and road of the State Parks.
9. While on the Centennial Trail, bikers must observe the 15 MPH limit.

## Penalty Points System

LEVEL 1	1 - 5 minutes late	1 point per minute penalty
LEVEL 2	6 - 10 minutes late	2 points per minute penalty
LEVEL 3	11 - 15 minutes late	5 points per minute penalty
LEVEL 4	15 - 30 minutes late	10 points per minute penalty
LEVEL 5	over 30 minutes late	loss of all points

## Mispunching

Competitors should punch controls in the appropriate numbered box on the control card. Genuine mistakes must be reported at the finish line. Failure to do so will mean that you will not be credited with the points for that control.

## Registration

Registration on the day or register online at [spokanetrailquest.weebly.com](http://spokanetrailquest.weebly.com)

Registration opens at 8:00 AM

Start anytime between 8:00-11:00 AM (i.e. you decide when you want to start).

No starts after 11:00 AM. Course will close at 2:00 PM

Competition maps and control points will be handed out at the start line, and event timing starts at that point.

## Classes

The event will be open to solos and teams of two.

## Solos

- A. Solo Men (18 - 39)
- B. Solo Women (18 - 39)
- C. Masters Men (over 40)
- D. Masters Women (over 40)
- E. Super Masters Men (over 50)
- F. Super Masters Women (over 50)

## Teams

- J. Male Team (any number up to max 2 )
- K. Female Team (any number up to max 2 )
- L. Male Masters team (any number up to max 2- each member must be ave. 40+)
- M. Female Masters team (any number up to max 2 - each member must average 40+)

## Mixed Classes

- R. Mixed Team (Male/Female)
- S. Masters Mixed Team (Male/Female each member must ave. 40+)

## Class V - Generation Team

The minimum age level for entry is 15, but any entrant under the age of 18 MUST be part of a team and accompanied by an adult over the age of 21. In teams of two, only one member should be under the age of 18 and one member MUST be over the age of 21.

## Costs

\$25 per person per event, \$45 for the two race series.

## Prizes

Participants who complete all two events in the series will be eligible for the yellow jersey given to the overall points leader in each class after the two races.